

# Healing

## Earth Remedies

## Thank You for using our products

You are becoming pro-active in creating a healthier, happier life for yourself and loved ones. "The life we live and the kind of world we live in is our personal choice. By choosing health we empower ourselves to create positive changes in all areas of our lives."

Marcine Ko, Founder.



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WHOLESALE INQUIRIES WELCOMED

Made In Canada. Not Tested On Animals.  
All Natural & Chemical Free



# The MSM Difference

What sets us apart from other natural body care products found on the market today? MSM. Pure and simple. MethylSulfonylMethane (MSM) is a naturally occurring sulfur found in the tissues of all plants and animals and is stored in almost every cell of the body.

Clinical studies of MSM suggest the following health benefits; helps combat inflammation, promotes connective tissue repair and regeneration, decreases measures of muscle damage, increases range of joint motion, prevents cartilage breakdown and decreases antioxidant stress. The beauty benefits of MSM support collagen production of the skin thereby increasing elasticity resulting in the reduction of wrinkles and fine lines, revealing younger, healthier looking skin.

MSM also has the ability to work synergistically with other ingredients. Drawing nutrients deep into the skin, it acts as a carrier for healing ingredients found in our products such as vitamins, minerals, botanical extracts, and therapeutic grade pure essential oils. With all these incredible health and beauty benefits it is easy to see why we have chosen it as the foundation for our products.



## Contents

The MSM Difference .....	2
Our Vision.....	5
All Natural Deodorant .....	6
Radiance Healthy Aging Moisturizer....	7
Problem Skin Cream.....	8
Holistic Kids Cream.....	9
Arnica Extreme Relief Cream .....	10
Our Roots .....	11





# Return to the Natural

## To Your Health

We at Rocky Mountain Botanicals believe that a healthy life is a happy life! From our family to yours we offer artisan, hand-crafted, healing earth remedies and beauty products that not only support and celebrate your well-being but that of our planets. We use only the highest quality, 100% natural, chemical free ingredients, therapeutic grade pure essential oils and botanical extracts sourced from Mother Nature herself.

## Our Vision

Rocky Mountain Botanicals was created to continue the healing legacy that began three family generations ago, guided by the belief that life is a gift best used in service to others. With a little help from our products we hope to inspire you to join us in helping create a healthier, better life for you, the people you love and our world.





*"The Rocky Mountain Botanicals Deodorant is the best natural deodorant I've ever used! Easy to use, healthy for my body, and I never have to worry about body odor. One application lasts all day, even doing physical therapy on patients in a very hot climate. I recommend it to my patients!"*

*Dr. Jese Anne Wiens, ND, Penticton BC*



## All Natural Deodorant

At last, an all natural deodorant that actually works! Our 100% natural, aluminum-free deodorant works like no other product available on the market today.

Does not mask odours but absorbs and destroys the bacteria that causes body odour. Aluminum Free. Fragrance free. Worry free.

**DIRECTIONS:** Apply to entire armpit area. Keep lid tightly closed to prevent drying. If dryness occurs, moisten and recap tightly.

**INGREDIENTS:** Purified water, methylsulfonylmethane (MSM), aluminum-free sodium bi-carbonate, organic sunflower oil, organic shea butter, therapeutic grade pure essential oils, aloe vera, chamomile extract, vitamins A, D & E, OPP (organic plant preservative)

*"I am forever thankful for the opportunity I had to travel to Canada and find your Radiance Healthy Aging Moisturizer. For three years I have faithfully used the anti-aging cream with significant results. Approaching 60 I am told constantly that I appear to be in my 30's. Not only has the product reduced signs of aging, but it has eliminated age spots that were beginning to appear on my legs."*

*Michelle Morgan, USA*



## Radiance Healthy Aging Moisturizer

Love your skin with this light, silky, moisture-rich blend that carries nourishing ingredients deep into the skin. Contains all the essential nutrients your skin needs to remain youthful and vibrant. Rich in MSM to support collagen production, reducing fine lines and wrinkles. Includes Vitamin A, D, E, alpha lipoic acid, CO-Q-10, therapeutic grade essential oils and botanical extracts to promote healthy aging and skin tone. Easily absorbed by the skin and never leaves a greasy residue.

**DIRECTIONS:** Apply twice daily in circular upward and outward motions to face and neck.

**INGREDIENTS:** Purified water, methylsulfonylmethane (MSM), organic shea butter, organic oils of sunflower, sesame and olive oil, therapeutic grade pure essential oils, rosehip, seabuckthorn, soy and jojoba oils, aloe vera, extracts of chamomile, cucumber and green tea, silk amino acids, vitamins A, D, & E, DMAE, alpha lipoic acid, Co-Q10, OPP (organic plant preservative).



*"I developed psoriasis after the birth of my daughter and have tried every remedy known to mankind. Cortisone was the only thing that made it go away for a short period of time only to return as soon as I stopped using it. But that remedy is not healthy. On vacation last summer I happened upon this Problem Skin Cream and skeptically purchased it. To my amazement it really does work. My elbows have been clear for 3 months and I am thrilled. Thanks Rocky Mountain Botanicals."*

*Susan Teige*

*"It's like putting Love on"*

*Isabel Rose (8 years old), Vancouver, BC Canada*



## Problem Skin Cream

Enjoy a welcome relief from the pain and discomfort of common skin disorders naturally and steroid free. Rich in MSM to support collagen production necessary to strengthen skin, regenerate healthy cells and promote healing. Therapeutic combination of botanical extracts and essential oils helps soothe the skin. May also help in reducing burning, swelling and itching caused by bites, stings, rashes and dry, irritated skin.

**DIRECTIONS:** Apply generously to affected area several times daily, especially before retiring.

**INGREDIENTS:** Purified water, methylsulfonylmethane (MSM), pure unrefined shea butter, organic oils of sunflower, rosehip and flaxseed, therapeutic grade pure essential oils, jojoba, calendula, evening primrose and seabuckthorn oils, aloe vera, chamomile extract, vitamins A,D & E and OPP (organic plant preservative).



## Holistic Kids Cream

Give your child relief from the pain and discomfort of problem skin naturally and steroid-free. A milder version of our Problem Skin Cream formulated for children to help soothe common skin disorders. May also help in reducing burning, swelling and itching caused by bites, stings, rashes and dry, irritated skin.

**DIRECTIONS:** Apply generously to affected area several times daily, especially before retiring.

**INGREDIENTS:** Purified water, methylsulfonylmethane (MSM), pure unrefined shea butter, organic oils of sunflower, rosehip and flaxseed, therapeutic grade pure essential oils, calendula oil, aloe vera, chamomile extract, vitamins A,D & E and OPP (organic plant preservative).

*"I move oil rigs in Northern Alberta. My job is especially demanding in the winter and with temperatures commonly at -30 degrees my arthritic thumbs and hands are particularly vulnerable. But, I solemnly swear to the fact that the Arnica Extreme Relief Cream does work! Two to three applications first thing in the morning before work was all that was needed for the day. THIS ONE DOES WORK!!"*

*Gordon MacPhee, Northern Alberta*



## Arnica Extreme Relief Cream w/MSM

This all natural, fast acting cream works within minutes! Our Arnica Extreme Relief Cream provides soothing relief from joint, muscle, tendon and ligament strains or simply those every day aches and pains.

Packing a potent, synergistic combination of Arnica, widely used as a natural anti-inflammatory, and MSM, which aids in cell-regeneration, our cream penetrates deep into joints and tissue. Increases blood circulation to problem areas while specially selected analgesic, therapeutic essential oils alleviate the swelling and discomfort. MSM's cell regenerative properties allow muscles and tendons to heal and joints to regain their flexibility. Immediate application to new injuries may help prevent bruising, inflammation and discomfort.

**DIRECTIONS:** Apply generously to affected area several times daily, especially before retiring.

**INGREDIENTS:** Purified water, methylsulfonylmethane (MSM), organic sunflower oil, arnica montana, therapeutic grade pure essential oils, seabuckthorn oil, boswellia seratta, turmeric, chamomile extract, vitamins A,D & E and OPP (organic plant preservative).

## Our Roots

Founded and created by Marcine Ko in 2004, Rocky Mountain Botanicals is the result of many family generations of natural healers and the love and compassion they had for all living things; animals, people and plants alike. With a deep respect for nature's miraculous medicinal offerings, Marcine researched and formulated tirelessly for years, with abundant joy and enthusiasm. Herbs and plants were gathered from her gardens and during daily walks in the valleys and mountains of the Shuswap. She then began selling her creations at the local Farmers Markets and Health Shows. Word spread quickly about the quality and effectiveness of her home remedies and thus Rocky Mountain Botanicals began.

She touched the lives and hearts of many and was dedicated to helping others through her natural healing remedies. Her aim was not only to continue the legacy of her family but truly make a difference in this world for those sick and in pain. She often said "Our only purpose for being here is to help others. Only then will we find true happiness".

Inspired by her memory, her passion for healthy living and alternative medicine we hope to continue her legacy.